

AGENDA ITEM: 4

**HEALTH SCRUTINY PANEL**

**25 OCTOBER 2007**

**LIFE EXPECTANCY WITH A PARTICULAR FOCUS ON  
CARDIOVASCULAR DISEASE:  
EVIDENCE FROM MIDDLESBROUGH PRIMARY CARE TRUST**

**PURPOSE OF THE REPORT**

1. To introduce to the Panel representation from the PCT, in attendance to discuss primary preventative services relating to cardiovascular disease (CVD).

**RECOMMENDATIONS**

2. That the Panel notes the information submitted and following any questions felt necessary, incorporates all evidence gathered into the overall review.

**CONSIDERATION OF REPORT**

3. During its review into life expectancy with a particular focus on CVD, the Panel has collated evidence from a number of sources, on themes related to CVD. It has heard about the incidence of CVD in Middlesbrough, the related public health picture, the role of General Practice in tackling CVD and the role of the South Tees Hospitals NHS Trust. The Panel has also received the views of public policy specialists, on the role that health policy can play in confronting public health concerns.
4. To expand on the information gathered, the Panel was keen to hear about what preventative services, based in primary care, are currently available in the town.
5. It is to this end that Middlesbrough PCT representation will be in attendance at today's meeting. It is anticipated that initially, the Panel will be briefed on the preventative services (aimed at CVD) that are presently available to people in Middlesbrough. Following that, Members are invited to ask any questions they feel appropriate for the purposes of the review.

6. Members may wish to enquire specifically around the level of preventative services aimed at CVD, which are based in primary care and what could be developed in the future.
7. In considering the topic of preventative services, the Panel is invited to draw a distinction between services that are aimed at preventing ill health from developing and those services that are aimed at preventing an existing condition from worsening or a relapse occurring. That second group of preventative services could be argued to have their roots in rehabilitation. Those types of services are of critical importance, although the Panel is advised to bear this distinction in mind.
8. Following today's meeting, it is anticipated that the Panel will consider all evidence gathered, ahead of the expected final evidence gathering session on 19 November 2007.

### **BACKGROUND PAPERS**

9. No background papers were used in the production of this report.

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